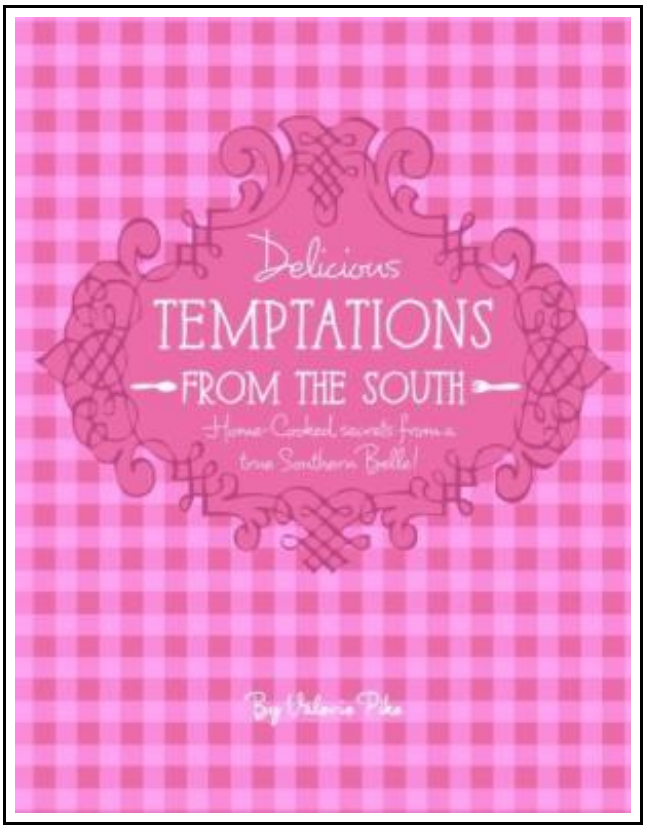
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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 226 pages. Dimensions: 11.0in. x 8.5in. x 0.5in.Home-Cooked Secrets from a true Southern Belle is a 226 page cookbook. Ms. Pike was inspired by family members to create it! Valerie grew up in the South with 2 grandmothers. Winnie who lived to 99 years of age loved to make Purple Lady Salad. Ethel who was Swedish and lived to 102 taught Valerie how to make the best Rice Pudding. Ms. Pike has worked as a personal chef and professional cooking consultant in California. You can enjoy her great appetizers for any party such as the Cheesy Black-eyed Pea Dip. For a Super Bowl Party her Hot Spinach Dip. Your neighbors will smell a wonderful aroma whether you are cooking a romantic dinner or a family get together. You can even enjoy some of these recipes with your co-workers over a glass of red wine! Southern Gals love to make casseroles for pot-lucks and you will love her Baked Pineapple Casserole, as well as her Duck and Wild Rice Casserole. Valeries cookbook will appeal to the working mother who likes to have leftovers for the next nights dinner! For Brunch you can make her Sour Cream Coffee Cake. And her desserts include Carrot Cake and the Best Egg Custard Pie. Her book is categorized into Cocktails and Beverages such as Plantation Punch for a Baby Shower, Mamas Punch, Bellini Punch and exotic cocktails like Apricot Lady, Chocolate Martini, and Toasted Almond Martini you can enjoy with your BFF! Soups such as Baked Potato Soup and Chicken Tortilla Soup Breads like Corn muffins Appetizers that include Corn Dip Meats like her Oven Pot Roast that will melt in your mouth, Marinated Pork Chops, Baked Swiss Chicken and...

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