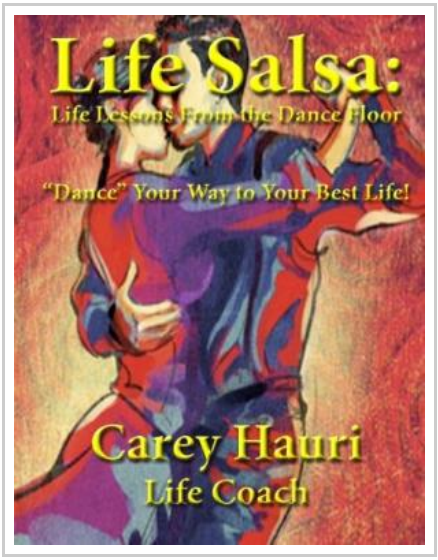


DOWNLOAD

Life Salsa: Life Lessons from the Dance Floor (Paperback)

By Carey Hauri

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Salsa is the Spanish word for sauce, often one with a spicy flavour and rich aroma. Salsa also refers to a genre of dance that originated in Cuba and later spread to Puerto Rico and the rest of the Caribbean islands. It s a vibrant, carefree and sensual style of dance, characterised by deep Afro-Cuban beats and additional musical influences from other Latin styles. When I started taking dance classes, I expected to learn how to dance salsa. I didn t expect to discover the numerous parallels between the lessons I was learning on the dance floor and the lessons I was learning in my daily life! As a life coach, it amazed me how basic life and leadership principles came alive through the salsa moves and techniques I was learning. It helped to make these principles dramatically more real, relevant and practical, for myself and my clients. Often my dance instructors would correct and encourage me, or explain a new salsa technique or move. While they were speaking to me on a salsa dancing level, they...

READ ONLINE
[8.67 MB]

Reviews

This book is worth getting. Yes, it really is enjoy, continue to an amazing and interesting literature. You can expect to like how the author publish this book.

-- ***Prof. Cindy Paucek I***

Undoubtedly, this is actually the very best job by any writer. It is loaded with wisdom and knowledge You will not really feel monotony at anytime of your respective time (that's what catalogs are for concerning when you check with me).

-- ***Prof. Lawson Stokes IV***