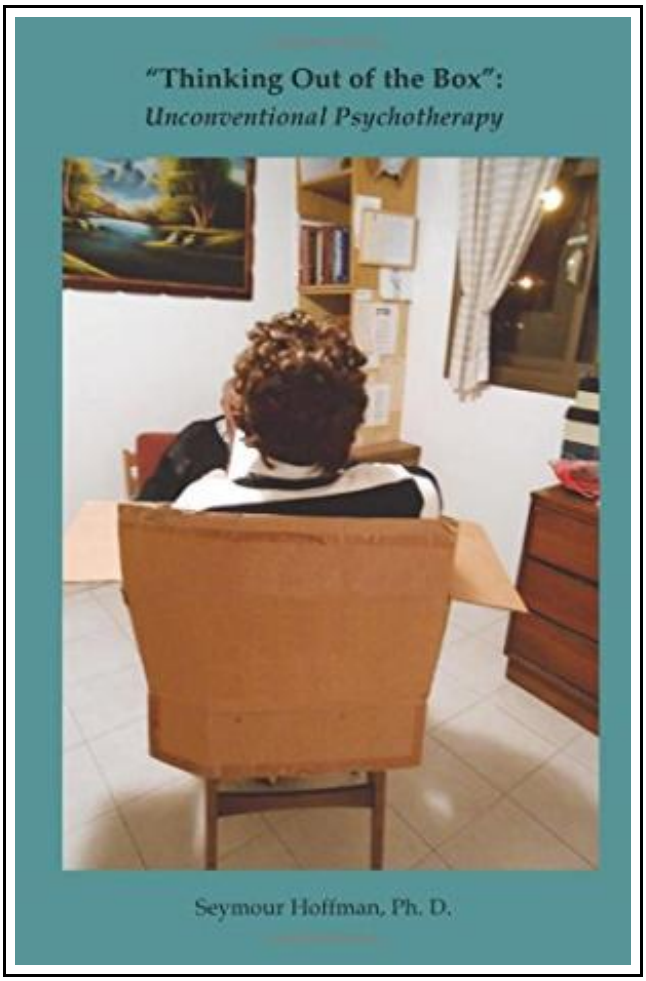
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THINKING OUT OF THE BOX: UNCONVENTIONAL PSYCHOTHERAPY (PAPERBACK)

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Golden Sky, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.The author, a clinical psychologist who has worked in a variety of mental health facilities in the U.S. and Israel for over half a century, has shared with us in this book case studies of unconventional psychological treatment interventions such as the use of phantom consultants, clergymen, humor and a projective test, in dealing with challenging cases. Several articles present innovative approaches to supervision and the creative use of a mobile chair in therapy. The interventions and rationale of the treatment of the patients, that include both adults and children with a variety of pathologies and symptoms in different formats, are clearly presented. Some unconventional ideas and suggestions presented in the book, such as the dialectical cotherapy treatment approach and the use of a mobile chair in the treatment room, may possibly startle and shock the conventional therapist. Several of the articles were previously published in professional journals in the U. S., UK and Israel and slightly revised. It is hoped that this volume will encourage greater open-mindedness, flexibility and creativity on the part of clinical psychology students, trainees, beginning and seasoned psychotherapists, and expand their armamentarium of psychological tools, techniques and interventions in their clinical work.

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