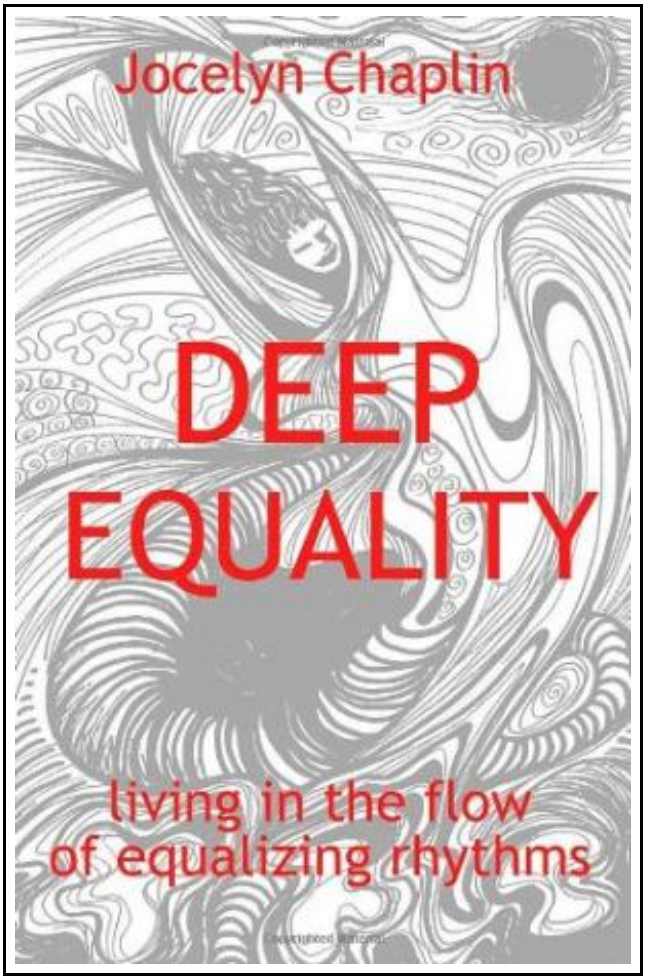
Deep Equality: Living in the Flow of Natural Rhythms



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Reviews

This ebook is fantastic. It is probably the most awesome book i actually have read. I found out this ebook from my i and dad suggested this book to understand.
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John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Deep Equality: Living in the Flow of Natural Rhythms, Jocelyn Chaplin, There is a lot of talk about the new paradigm or model of thinking needed for the 21st Century. But what actually is problematic about our current ones? When we look deeply into the underlying structures of our thinking for the past 6,000 years we see one all pervasive form; images of pyramids, of ladders, of vertical power relations frozen in time. This book explores the idea that the paradigm shift needed is essentially about the change from rigid vertical and hierarchical thinking to equalizing rhythmic thinking and being. Equalizing Rhythms are a kind of lay person's 'theory of everything'. This theory can be applied to almost anything from world politics to personal spiritual journeys. It can be seen as a philosophical frame work relevant to a wide range of situations from the bedroom to the office.The book shows us how to tune in to these rhythms in any given moment of time. We learn how to develop our deepest intuition to aid this process. But it also shows us how to work out with reason where equalizing is needed. It also describes ways in which people all over the world are already living in the flow of equalizing rhythms, from the green movement to rave culture.

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